MID-TERM INTERNSHIP
SELF EVALUATION

Please return by Monday, March 12, 2012

Student’s Name: Sample Student          Date of Internship: Spring 2012
Company:  Company Name           Faculty Sponsor: Dr. Faculty Sponsor
Supervisor:  Ms. Work Supervisor

I. How did the following elements of your internship experience compare to your expectations?

1-POOR  2-BELOW AVERAGE  3-AVERAGE  4-ABOVE AVERAGE  5-EXCELLENT
___ Opportunities for learning
___ Quality of assignments
___ Opportunity to complete projects from start to finish
___ Opportunities for team participation
___ Played important role in your education
___ Adequate compensation
___ Workload and working conditions

II. To what extent have you improved in the following as a result of your internship experience?

1-NOT AT ALL  2-SLIGHTLY  3-MODERATELY  4-CONSIDERABLY  5-A GREAT DEAL
___ Verbal communications skills
___ Written communications skills
___ Confidence level in business situations
___ Understanding of day-to-day business functions
___ Time management skills
___ Judgment & decision-making
___ Problem solving skills
___ Understanding of the “Big Picture” of the organization
___ Professional appearance & attitude

Please provide any comments about your above responses.

III. Please indicate your level of agreement with the following elements of supervision:

1-STRONGLY DISAGREE  2-MODERATELY DISAGREE  3-NOR DISAGREE OR AGREE
4-MODERATELY AGREE  5-STRONGLY AGREE
___ Your supervisor supplied clear instructions as to your duties and responsibilities
___ S/he provides sufficient clarification when you request additional information
___ Your supervisor presents adequate feedback on your work
IV. How satisfied are you with the following with respect to faculty sponsor supervision?

1-VERY DISSATISFIED  2-SOMewhat DISSATISFIED  3-NEITHER DISSATISFIED OR SATISFIED  4-SOMewhat SATISFIED  5-VERY SATISFIED

___ Clearly explained requirements for academic evaluation (i.e., journal, weekly reports, final paper, etc.)  
___ Meets regularly with you  
___ Met and/or spoke with your worksite supervisor

Please provide any comments about your above responses.

I. What skills are necessary to perform well in this internship?

II. Does this internship provide the opportunity for you to develop the required skills to perform well in this internship? Please explain.

III. What have been your major strengths in this internship?

IV. How are you able to utilize and demonstrate those strengths, talents, or skills sets?

V. How prepared were you for this internship?

___ Not at all prepared  
___ Not very prepared  
___ Somewhat prepared  
___ Very prepared  
___ Extremely prepared
VI. How do you feel you could have been better prepared for this internship?

VII. What steps are you taking to ensure that both you and the employer benefit from this experience?

VIII. Does your internship in any way encourage or discourage you from pursuing your intended career or professional goals? Please explain.

IX. How has this internship helped you clarify your professional goals?

X. How would you rate your internship experience so far?  
   ___ Poor  
   ___ Below Average  
   ___ Average  
   ___ Good  
   ___ Excellent

XI. Would you recommend this internship to other students?  
   ___ Definitely no  
   ___ Probably no  
   ___ Probably yet  
   ___ Definitely yes

THANK YOU FOR YOUR TIME AND CONSIDERATION

PLEASE RETURN TO:  
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Career Services Center  
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Rockwell Hall Commons  
FAX – 412-396-6067