KAPPA NEWS

Basileus Corner

By Lore Wright, MSN, RN

Sustaining a Vision of Sisterhood and Brotherhood as we Continue to Move Forward in Serving Our Communities

It is difficult to believe that two years has passed so quickly. Thank you, Sorors/Fraters, for the opportunity to serve as your Basileus during this term. I again share that this experience has been both challenging and rewarding, but all good things must come to an end. I want to personally thank sorority officers for their commitment, hard work and support. Each one of you have proven to be exceptional leaders and I look forward to continuing our direction towards growing member commitment, respect and cohesiveness. Our vision is one of sustainability and service. With the plethora of talent that I have had the opportunity to witness among our members, I am astonished at the thought of what we can continue to accomplish together.

Following are highlights of Kappa Chapter’s 2016-2017 accomplishments. If you have not had the opportunity to become an active member or have not had the time to fully participate in our activities, I encourage you to reflect on how your contributions, in whatever way possible, can impact our Sorority's ability to fulfill our mission of Service and our vision for a productive, friendly sisterhood/brotherhood.

- Latitia Graves transferred into Kappa Chapter and has been a true asset to our organization. Her participation, knowledge, foresight and sisterhood is truly appreciated.
- Special congratulations to our newest members: Grinetta Elston, Karen Haynes, Rick Zoucha, and Renita Zumbo. They all did a wonderful job during the intake process. We look forward to their active participation and commitment to the purposes of Chi Eta Phi Sorority, Inc.
- Programs were conducted in the community for professionals and individuals to address both potential and actual health concerns for underrepresented and vulnerable populations in partnership and collaboration with Allen Place Community Services, Inc. and the Gateway Medical Society as associate members. Some of the activities included, but not limited to involved a coat drive for youth and young adults, the "Senior Prom" to raise resources for the Stroke Survival Program and the Highmark Walk. Soror Monretta Aarons was honored at the senior prom for her volunteer efforts and contributions to the stroke program.
- Kappa Chapter participated in gift giving for the Christmas holiday with donations of blankets and warm socks to the residents of a long-term care facility. The donations were made in memory of Soror Lillie Lesesne.
- Kappa Chapter participated with Kappa Beta Chapter, coordinated at the University of Pittsburgh School of Nursing, in a successful toy drive in support of the US Marine's Toys for Tots program.
Kappa Chapter planned and organized our 5th annual CE leadership program for graduate and undergraduate sorority members, registered nurses and nursing students. The program was well received in the past, but unfortunately was canceled this year, as decided by the membership, due to the lack of sufficient attendees. Thank you to Soror Shirley Smith and her committee for their very hard work to pull this program together.

Kappa Chapter participated in a health fair held at the Kingsley Center in Homewood, hosted by the National Kidney Foundation. Sorors performed blood pressure screening, weights, and urinalysis. They offered health information and supportive conversation about kidney disease.

Sorors participated in the Kidney Sunday initiative held at Mount Ararat Baptist Church.

Our annual Mamie Garland Scholarship Luncheon was held April 1st. The luncheon was well attended with excellent food and great entertainment. Dr. William Simmons was a phenomenal speaker on the topic of mentoring. His direction was very well received. One scholarship was awarded to a Duquesne University nursing student. Thank you, Programs and Projects committee for a job very well done. Sorors/Fraters looked very impressive in our green and yellow.

Our website continues to be updated with chapter and sorority information, photos, and contact information. A Facebook page has also been created.

A collaborative networking event is being planned between Kappa Chapter and the Pittsburgh Black Nurses in Action. We will keep you informed once plans are confirmed.

Boule will take place July 10th-15th at Newport Beach, CA. Soror Cynthia Coates will be in attendance as our delegate. We pray for a safe, productive, and fun trip.

Kappa Chapter continues to mourn for our dearest Sorors whom we truly miss:
Soror Lillie Lesesne,
Charter member, Lifetime member, July 2016
Soror Francis Johnson, Lifetime member, October 2016
Soror Monreitta Aarons, February 2017
Let us keep their family members in our thoughts and prayers.

Eleven Kappa members attended the 2017 Northeast Regional conference in Baltimore, MD. Sorors participated in educational workshops, business sessions, and bonding activities. The conference was very well organized and well attended by regional chapters and National officers. Kappa Chapter is currently coordinating activities for the 2018 Northeast Regional Educational Conference to be hosted here in Pittsburgh at the Airport Hyatt in April 2018. We are excited about this undertaking and at the same time challenged by all the work that needs to be done. There is an established NER committee chaired by Soror Pat James. Please consider joining this committee. We need your time, skills, ideas, and support to ensure our success with this great endeavor.

Again, thank you for the privilege of being your Basileus for the past two years. I am honored and humble to be associated with such dynamic sisters/brothers and look forward to my continued commitment in the capacity of immediate Past Basileus and Parliamentarian.

Congratulations to the newly elected Kappa Chapter, Inc. Officers and Board Members for 2017-2018. May we be strategic in fulfilling the established purposes and initiatives of our sorority that keep us inspired and service driven, to our sisterhood/brotherhood always growing closer and let us never forget to be kind.

Have a great, blessed summer. Stay well and be safe. Love to all of you!

Reminder: Our monthly meetings will start again beginning September 18th. Chapter meetings are held every third Tuesday from 6:00pm to 8:00pm. Location will be announced by the newly elected Basileus, Joan Mitchell. Please make every effort to attend. Your input is important and needed.

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SORORS IN THE NEWS

Jeannine Andrews was accepted into the MBA program at Waynesburg University. She began her studies May 1st. Soror Andrews also received her Certification in Managed Care Nursing (CMCN) June 1st.

Elsie Murray was the speaker for the Modern Grandmothers Luncheon. The event was held Saturday, March 11, 2017 at the Bistro in Forrest Hills.

Shirley –Smith is member of the Diversity and Inclusion Committee at Duquesne University School of Nursing. The purpose of this Committee is to bring to awareness the diversity in the
school and to ensure that all are included.

**Lore Wright**

won the Faculty Daisy Award at the NER conference. This award is awarded to faculty to show appreciation for their commitment to their students.

**Dr. Rick Zoucha**

elected as Director of the Transcultural Nursing Society's (TCNS) Scholars Group! He will provide leadership for the group and serve as negotiator/liaison between the TCNS Scholars and the Board of Trustees. Dr. Zoucha is also chair of the Diversity and Inclusion Committee at Duquesne University School of Nursing.

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**COMMUNITY OUTREACH**

Kidney Foundation Volunteers

Kappa Sorors continue to provide “Service to Humanity” by participating in health-related events in the community. Sorors volunteered during the National Kidney Foundation’s KEEP HEALTHY KIDNEYS screening on February 8, 2017. The screening resulted in 83 individuals being screened. Signs of the importance of kidney awareness in the community was evident. Most of the attendees were found to be at risk for kidney disease and almost 1/3 of them had signs of kidney damage. Sorors participating included: Joan Mitchel, Dameta Dow-Williams, Shirley Smith and Cynthia Coates.

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**Passing Sorors**

Kappa Chapter lost several members. They included: Lil Lesesne, Kappa Chapter Charter Member and Life Member, July 7, 2016; Fran Johnson, Life Member, November 12, 2016; Monretta Aarons, March 02, 2017. They will be missed by all who knew them.

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**Officers Elected**

Kappa Chapter held their elections in June. New officers include: Joan Mitchell, Basileus, Elesha McCray, Grammateus, Jeanine Andrews, Epistoleus, Jessica Wimbush, Tamiochus.

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**ANNUAL MAMIE GARLAND SCHOLARSHIP BRUNCH**

The Mamie Garland Scholarship Brunch was held at the LeMont Restaurant on Mount Washington on Saturday, April 1, 2017. The keynote speaker was William Simmons, MD, Associate Professor in Anesthesiology, University of Pittsburgh School of Medicine, Immediate Past President, Gateway Medical Society (GMS).

The GMS is a component of the National Medical Association (NMA). He chairs the Society’s Journey to Medicine (JTM) Academic Mentorship Program. The title of his presentation was “By the Numbers: The Need for Academic Mentorship for African American Youth”. Dr. Simmons spoke on mentorship and its focus on the success of students in their pursuit of higher education. As Chair of JTM his focus is on providing a pipeline of academically-ready men to pursue the profession of medicine. He described types of mentors as coaches, connectors, cheerleaders, and challengers. These positions can be fulfilled as parts of formally structured programs, peer groups, supervisory, situational as well as natural areas. We can provide mentoring in any of the positions mentioned above. He also described inspirational mentors as those who have attained success and greatness.
in their fields and can now be an inspiration to those reaching for success. Nursing inspiration mentors mentioned included Adena Davis, Dr. Rachel Poole, Dr. Nadine Frye, Evelyn Parker. He encouraged the audience to become mentors to those who are moving toward reaching their goals. Kappa Betas and Kappa Alpha Betas from the schools of nursing at the University of Pittsburgh and Duquesne University attended along with faculty and staff.

**YEAR OF THE HEALTHY NURSE**

The American Nurses Association (ANA) is focusing on the health of the nurse. Issues and articles related to stress are being highlighted in publications. According to the ANA “emotional and physical stress and fatigue shouldn’t be overwhelming, nor should the ethical and moral stresses of the job that are always in the back of nurses' minds”. Some references suggested by ANA are as below:

1. The Combatting Stress webpage.

Reference

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**DONATE NOW!**

Donations to the Mamie Garland Scholarship Fund are welcomed. Funds are needed to continue to provide scholarship assistance to nursing students in the area to achieve their goals of becoming registered nurses. Make checks payable to Kappa Chapter, Inc. ChiEta Phi, Inc. and mail to Jessica Wimbush, 2028 Frankella St., Pgh., PA 15221. Donations are tax-exempt.

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**NEW MEMBERS**

Letitia Graves was welcomed into Kappa Chapter. Soror Graves transferred in from Theta Chi Chi

Kappa Chapter held it’s Initiation Ceremony, on Saturday, March 18, 2017. Four registered nurses were taken into the organization. They were:

- Grinetta Elston, MSN, RN
- Karen Haynes, AND, RN
- Rick Zoucha, PhD, RN, PMHCNS, CTN-A, FAAN
- Renita Zumbo, BSN, RN, MPM

**BETA CORNER**

**KAPPA BETA**

- Ifeoma Wadibia was the 2016 recipient of the African American Nursing Alumni Scholarship of the University of Pittsburgh School of Nursing. The scholarship was awarded at the Scholarship & Awards Luncheon held on Monday, September 19, 2016 at the University Club.

- The Betas from Pitt had their intake ceremony on Sunday April 9th and welcomed 3 new members to the Kappa Beta Chapter. Their election of officers took place on April 20th.
Congratulations to Ifeoma Wadibia, past Basileus, who graduated this past April.

KAPPA ALPHA BETA

Octavia Anderson and Bria Brodie, Kappa Alpha Betas, won the School of Nursing award for “Vocational Aspirations of Inner City School Girls”. at the 9th Annual Undergraduate Research and Scholarship Symposium.

Shaylene Carter, Kappa Alpha Beta, was a team member of nursing students who won the School of Nursing award for "Reproductive Health Awareness of Inner City School Girls". at the 9th Annual Undergraduate Research and Scholarship Symposium.

REMEMBER!

64th BOULE’
in the New Dawn 2017
July 10-15
Newport Beach,
California

Remeber!

65th NER
@ THE INNER HARBOR

The 65th Northeast Regional Conference and Educational Workshops was held in Baltimore, MD Inner Harbor April 19-23, 2017 and was hosted by Gamma Chapter. Eleven Kappa members attended. They included: Dameta Dow Williams, Marie Ford Williams, Lana Couzzens Heywood, Debra Hocket, Pat James, Letitia Graves, Joan Mitchell, Shirley Smith, Karen Stanton, Jessica Wimbush and Lore Wright. Elcedo Bradley, Supreme Basileus, Delta Chapter gave the state of the Sorority address. Eight chapters were chartered this year and two others are scheduled. The

Bole’ will be held at the Duke of Newport Beach Hotel, 4500 MacArthur Blvd. Call 1-949-476-2001 for reservations. Mention Chi Eta Phi.

REMEMBER!

FOUNDER’S DAY
October 16, 2017

Please plan to attend. More information is forthcoming.

65th NER

Leadership Conference held in Florida provided continuing education credit and was successful. The Sorority has received a $5000.00 grant from the Lupus Foundation. Dr. Bradley asked that members assist students in completing the scholarship applications as some students are finding it difficult to do so. $10,000 is available.

The educational workshops were both impressive and educational. Senator Shirley Nathan-Pulliam, MS, BSN, spoke on access to care. She focused on access to care as opposed to quality of care. She described the social determinants to quality care as access, public safety, economic status, transportation, leisure time and mental health issues. Therefore, our patients can start at different levels and this will impact both equality and equity in care. She encouraged nurses to meet, call and sit at the table with their legislators to discuss issues, relate personal stories and provide evidence-based research. Legislators will listen. If nurses do not let them know what the issues are then where will they get this information? Mrs. Nathan-Pulliam quoted Martin Luther King’s statement, “Our lives begin to end the day we become silent about things that matter”

Sarah Killian, DNP, RN, NEA-BC, 2nd Vice President, provided updates to the continuing nursing education
guidelines. The new application will be available in May 2017 and will be more user friendly. Dr. Killian also spoke on “Mentorship: A Success Story in Organizational Effectiveness”.

Other topics included early recognition of lupus, improving outcomes in kidney disease, mental health and wellbeing among men and boys, effective teamwork, student and adjunct faculty retention and obtaining 501C(3) status among others.

Zumba as a fitness activity was offered each morning.

Elections were held for new officers. Winners were Stacey Johnson, Nu Chi Chi Chapter, Inc. as Assistant Regional Director; Barbara Hatcher, Alpha Chapter, Inc. as Tamias; Diann Boyd-Barnett, Tau Chi Chapter, Inc. as Epistoleus; and Carmen Vaughn Hewitt, Alpha Chapter, Inc. as Historian.

A motion was made, seconded and approved to hold the 2019 and 2020 Regionals in Delaware. Delaware is a tax-free state and funds will be saved by holding the event there. The Regional Board will be the organizing support team.

The Awards luncheon was well attended. Our Basileus, Lore Wright, MSN, RN was presented the Daisy Faculty Award.

"The purpose of the DAISY Faculty Award is to provide national recognition and appreciation to faculty for their commitment to their students.

It is sponsored by the Daisy foundation in memory of Patrick Barnes the founder’s son. For further information go to http://www.DAISYfoundation.org

The Beta Plenary report was provided. Nine chapters were in attendance. Their concern was with the scholarship application being more user-friendly. They would like to meet more often. Perhaps visit college towns and tour the schools.

The final credentials report lists the following as to attendance:

- Chapters: 34
- Regional Officers: 13
- Voting Members: 363
- Visitors: 6
- Total Attendance: 369

Memorial services were held for Sorors who have passed since the last NER conference. Kappa Chapter passed members, Lil Lesesne, Fran Johnson and Monretta Aarons were memorialized. The Hayman-Hayes Northeast Region Choir provided choral renditions for the occasion. Dameta Dow-Williams, Kappa Chapter, was a member of the choir.

The Inspirational Breakfast ended the events of the Conference. Music was supplied by the Regional choir. The program was uplifting and joyous.

Former Pittsburgh Sorors attended the Conference. Joy Walker Napper formerly of Rochester, PA and Sonya Whitehead Lopez were in attendance. Soror Napper is in the military and works at Walter Reed Hospital. Soror Sonya was a former Kappa Beta. She is now a member of Theta Chapter.

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“KEEPING IT JAZZY”
NER CONFERENCE IN PITTSBURGH

The 66th Annual Northeast Regional Conference will be held in Pittsburgh April 18-22, 2018. The Saturday night event will be sponsored by Kappa Chapter. The theme will be "Keeping It Jazzy—A Stroll Through Pittsburgh’s Rooted Music Culture". Pittsburgh jazz greats as well as world renown musicians will be the focus of the dinner dance. Local jazz ensembles will regale the guests with swinging and jazzy pieces. Plans are to dress in period attire and be classy as a satin doll.

A video was produced by Lindsay Hayes that focused on Pittsburgh scenes. It was
offered at the 65th Regional in Baltimore.

All Sorors are welcome to participate in the preparation and for the Regional. For more information contact Pat James, Chair, NER 2018 in Pittsburgh at pljames@verizon.net.

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CHILD ABUSE TRAINING REQUIRED

Nurses are designated as mandated reporters in cases of suspected child abuse. In order to renew the nursing license in Pennsylvania the nurse must show that child abuse training has been completed. This is a question on the application to renew the RN license. A course must be completed each time the license is renewed. PSNA offers its members a free course in this training.

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HOW TO DISPLAY YOUR CREDENTIALS

The ANCC states that displaying your credentials in an organized systematic manner provides clarity to stakeholders. The preferred order is as follows:

- Highest earned degree-includes doctoral, master’s, bachelor’s and associate degrees. It’s a permanent degree and cannot be taken away except under extreme circumstances.
- Licensure—include RN and LPN
- State designations or requirements—recognize the authority to practice at a more advanced level.
- National certifications—awarded by accredited certifying bodies
- Awards and honors—recognizes outstanding achievements in nursing such as FAAN (Fellow of the American Academy of Nursing)
- Other recognitions—represents additional skills recognized by non-nursing entities such as EMT-Basic/EMT, etc.

MEDICAL RESERVE CORP

The Medical Reserve Corp (MRC) at the Allegheny Health Department is seeking volunteers. It is a federal initiative that coordinates medical and non-medical volunteers to respond in natural, man-made and terroristic events. In an emergency, MRC volunteers are called to assist the county and state to protect the health of the people within the affected area(s). This strengthens our community to respond when needed. The Corp provides training in all areas that you may need.

Go to the URL below to learn more about the Corp and complete an application to volunteer, http://www.achd.net/mrc/index.html

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SENIOR PROM

Senior Prom sponsored by Allen Place will be held on Sunday, September 24 at the Marriott City Center www.allenplacecenter.org ******

HIGHMARK WALK

Was held on Saturday, May 13, 2017. Several Kappa Chapter members participated.

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DISTRICT 6, PSNA MEETING

The May Celebration meeting hosted by District 6 of PSNA was held on Saturday, May 6, 2017. It was held at Carlow University.

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ANA THEME:

"Nursing: The Balance of Mind, Body, and Spirit."

PA NURSES ANNUAL SUMMIT

Visit http://www.psna.org for association information
Kappa News on Website

You can access, read and/or download information and news about the Chapter from your computer. Categories of interest that are available include About Us, Events, Kappa News and a Members Only section. For those who are unable to access the newsletter online they may request a hard copy be sent to them. To receive a copy, notify Shirley Smith, @ 5 Bayard Road, #118, Pgh., PA 15213 or call 412-586-5537. Email: smith7000@comcast.net
http://www.kappachapterinc.com

WEB SITE available
Go to
http://www.kappachapterinc.com

Nurses Rank #1 in Gallup Poll
For the 15th year in a row, the American public has honored the nursing profession with the ranking of the "highest honesty and ethical standards," according to the annual Gallup poll.

WHERE ARE THEY

If you have the Email addresses of those listed below, please send to smith7000@comcast.net or 5 Bayard Road, #118, Pgh. PA 15213
Yvette Banks     Velvet Jones
Juanita Gumby    Garnet Carter
Sheila Batch     Cheryl Palmer
Julia Elsberry   Linda Clemons
Renee Johnson   Marion Rodriguez
Freshetta Herron Jonetta Randall

RENEW MEMBERSHIP
It is time to renew your membership in Kappa Chapter for the year 2016-2017. Here is a sampling of what membership in Chi Eta Phi, Sorority provides:
-Outstanding educational workshops promoting continuing education.
-A subscription to JOCEP the Sorority’s refereed professional journal
-A subscription to the Sorority’s quarterly Chi Line Newsletter.
-Participation in one of five Regions and over 75 Local Chapters
-Professional growth through local and national committee involvement.
-The opportunity to shape health care for our communities

Please take this opportunity to strengthen your professional commitment by renewing your membership in Chi Eta Phi, Sorority, Inc. today.

Sorority meetings are held at the Homewood Library on Hamilton Avenue, Homewood.
Dues are $325.00 due in January

KAPPA OFFICERS/CHAIRS--

2017-2018
Basileus     Joan Mitchell
Anti-Basileus Cynthia Coates
Grammateus   Elesha McRary
Epistoleus   Jeanine Andrews
Tamias      Karen Stanton
Tamiochus    Jessica Winbush
Dean Membership Debra Hocket
Historian    Sheila Cloud-Wood
Chaplain     Dameta Dow Williams-
Beta Sponsors
Kappa Beta    Dameta Dow Williams
              Cynthia Coates
Kappa Alpha Beta Cassandra Tavares
Kappa Beta
Beta         Yvette Giles

WHAT’S HAPPENING?
What is going on with you professionally and personally?
Send information and email address to: smith7000@comcast.net

Editor      S. Smith
Asst. Editors J. Mitchell
D. Williams-Dow

Kappa News is published once a year in July by Kappa chapter. Your input is welcomed to keep the Newsletter alive and responsive to your needs. Write an article and/or send news of events important to you and to nursing. Send items to:
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Smith7000@comcast.net

Deadline: July May 31