

The prescription drug plan you receive is based upon your medical plan selection.

**IF YOU CHOOSE**

**THEN**

**High Deductible Health Plan**

Coverage, **subject to deductibles** listed on page 6, is provided using your Cigna HDHP or UPMC HDHP medical plan card. Refer to your medical plan customer service number for additional information.

**Cigna OAP or UPMC EPO**

Coverage is provided using the CVS Caremark prescription drug card **based upon the copayments outlined below**. If you meet the separate prescription drug out-of-pocket maximums for these plans, then the plan will begin to pay at 100%.

	<b>Cigna Open Access Plus Plan</b>	<b>UPMC Exclusive Provider Organization</b>
<b>Prescription Drug Card</b> Provided for Cigna OAP and UPMC EPO plans only. The high deductible health plans use the medical card to obtain prescriptions since they are subject to deductible.	CVS Caremark will mail a separate card for participants. Visit the prescription plan online to compare pricing, track mail orders and review accounts. The prescription drug plan participates in the RightRx program. This voluntary program reviews prescriptions and recommends a lower cost therapeutic equivalent to the prescribing doctors.	
	<b>CVS Caremark</b> caremark.com • 1.877.347.7444	
<b>Prescription Out-of-Pocket Maximum</b>	All prescription copays contribute to the prescription drug out-of-pocket maximums. Note that no individual can incur an in-network out-of-pocket maximum total in excess of \$8,150.	
<b>Employee</b>	\$5,150	\$6,150
<b>All Other Tiers</b>	\$10,300	\$12,300
<b>Retail - One Month Supply - Prescriptions written for non-chronic, short-term conditions</b>		
<b>Generic</b>	\$8 maximum	
<b>Preferred Brand</b>	30% employee copayment with a \$20 minimum and \$55 maximum	
<b>Non-Preferred Brand</b>	50% employee copayment with a \$40 minimum and \$110 maximum	
<b>Generic Step Therapy</b>	The prescription drug plan requires you to try a lower-cost generic medicine first to treat your condition.	
<b>Specialty</b>	<b>Specialty drugs may be eligible for the Specialty Drug Copay Savings Program. Communications regarding this program will be mailed to participant if eligible.</b>	
	20% employee copayment with a \$50 minimum and \$100 maximum	
	Specialty drugs are prescription medications that require special handling, administration or monitoring. Specialty drugs are to be dispensed through CVS Caremark Specialty Drug Management Program at 1.800.237.2767.	
<b>Maintenance Choice</b>	Maintenance prescriptions (long-term medications that your doctor prescribes for chronic conditions that you take on an ongoing basis) will need to be filled by using the CVS Caremark mail order services or a CVS retail store.	
<b>Generic</b>	\$16 maximum	
<b>Preferred Brand</b>	20% employee copayment with a \$40 minimum and \$85 maximum	
<b>Non-Preferred Brand</b>	30% employee copayment with a \$70 minimum and \$210 maximum	



**EACH PRESCRIPTION DRUG PLAN** has their own drug formulary. Prescriptions on one plan's formulary may not be on another. Contact CVS Caremark or the medical plans, review website information and discuss your specific prescription drug requirements with your doctor to ensure you understand the various medications available on each formulary.

## MEDICATION THERAPY MANAGEMENT PROGRAM (MTM)

The Center for Pharmacy Care also offers a **Medication Therapy Management (MTM) program**. The MTM offers **free prescriptions** for eligible employees and spouses for the following conditions upon completion of a comprehensive health assessment and educational training:

- Cholesterol
- Chronic Pain Management
- Depression
- Diabetes
- Hypertension (High Blood Pressure)
- Asthma\*

\* Eligible children enrolled in the University CVS Caremark prescription plan will receive a \$10 copayment for their covered asthma prescriptions.

Participants receive:

- An initial health assessment; you will be responsible for making any follow-up appointments
- Comprehensive review of all your medications
- A personalized medication treatment plan
- Education and training to enhance your understanding of medication use
- Coordination of the medication therapy management services with your other health care providers to ensure your best outcomes
- No copay for prescriptions as listed above
- Wellness in Motion dollars upon enrollment, completion and follow-up with the MTM program



A Healthy Lifestyle Program for Employees

**TO SCHEDULE AN INITIAL CONFIDENTIAL, FREE MEDICATION ASSESSMENT**, contact The Center for Pharmacy Care at 412.396.2155 or [cpc@duq.edu](mailto:cpc@duq.edu).

Medication Therapy Management program offers:

- **FREE** confidential education
- **FREE** confidential counseling
- **FREE** prescriptions—no copay for eligible prescriptions—Duquesne University pays the full cost

Who is eligible for the MTM program:

- Employees and spouses with Cigna OAP or UPMC EPO plans
- **Due to Affordable Care Act regulations, employees with a High Deductible Health Plan are not eligible for the zero copay, however they are still eligible for education and counseling**

## HOW TO SAVE ON PRESCRIPTION DRUGS

- Request a comparable generic version of your prescription.
- Enroll in the Medication Therapy Management program if eligible. See details above.
- Set up a health care flexible spending account to use pre-tax dollars to pay for your prescriptions. Remember that you can list your Discovery Benefits, Inc. debit card as your payment method on your mail order profile.

## MAINTENANCE MEDICATION PROGRAM

If you take a maintenance prescription drug to treat an ongoing medical condition, you must ask your doctor to write a prescription for a 90-day supply and have it filled in one of the following ways:

- CVS Caremark mail order services, 1.877.347.7444
- CVS retail store

When you are newly diagnosed with a chronic condition and prescribed a maintenance medication, you will be permitted to obtain the initial fill and one subsequent refill to ensure your medications are managing your condition before you will be required to use the maintenance medication program.

## MANAGE YOUR MEDICATIONS ONLINE

Register with a CVS Caremark online account so you can manage your prescriptions and benefits online. After registering, you will be able to obtain faster refills, view prescription history, receive email alerts and check order status. The website also contains FAQs, medication information and drug cost. Access the online site at [caremark.com](http://caremark.com) and register today!