EAT. PRAY, LOVE: Perugia & Assisi
Oct. 26-28, 2018

On this trip we will discover the wonders of the region of Umbria! “Baci” chocolates, pasta with truffles, roasted pork, local vegetables, and wines. This excursion brings us closer to nature as we will hunt for our own truffles, prepare our own pasta, and visit the Euro Chocolate Fest in Perugia. With our time in Assisi, true to the message of St. Francis, we hope you experience a renewed appreciation for the outdoors and spiritual appreciation for this mystic medieval hilltop town. Most importantly, we will come together to dine in a way that nourishes our happiness.

Friday: Rome – Città di Castello – Perugia
6:30 a.m. Private coach departs Rome Campus for Città di Castello

10:30 a.m. Learn how to hunt for prized truffles in the woodland around the village of Città di Castello. Learn how locals use their hunting dogs to find truffles and receive a certificate showing that you are now a truffle hunter! Afterwards, return to the farm house where you will have a beautiful multi-course included lunch based on black truffles.

1:30 p.m. Depart for Perugia.

2:45 p.m. Arrival at La Volpe e L’Uva Agriturismo Farm House, our home for the weekend.

6:00 p.m. Cooking class this evening at the Agriturismo. Share a group dinner together with all of the local cuisine you learned how to cook!

Overnight: La Volpe e L’Uva Agriturismo, Strada Communale a S. Marino, 06125 Perugia

Saturday: Perugia
Breakfast in your apartments at the farmhouse.

12:00 p.m. Group lunch prepared by our host Raffaela at the Agriturismo

Today you’ll spend the day in Perugia enjoying exploring the annual Euro Chocolate Festival in Perugia. Perugia is famous for its Perugina Chocolate brand, with its most famous chocolate kisses or “baci”. Chocolate vendors from all over the world will come together for the world’s largest chocolate party!

Included group dinner in the city center of Perugia.

Sunday: Perugia – Assisi - Rome
Breakfast in your apartments at the farmhouse

7:45 We will depart the agriturismo for Assisi. This city is the birthplace of the famous St. Francis of Assisi. Francis is the patron saint of animals, the environment and of Italy and today we will be following in his footsteps throughout this mystic hilltop village.

9:00 Special Mass in Assisi
We will start the **pilgrimage walk in the footsteps of St. Francis** with our Seminarians Friends from the North American Pontifical College. We will visit important sites in the life of St. Francis including the **Church of St. Damian** and **St. Clare** as well as the **main piazzas of Assisi**.

12:00 p.m.  **Free time for exploring, shopping, and lunch!** Truffles, chocolates, honey, and beautiful Umbrian wines and oils are specialties of this area. Other things such as embroidered cloth, Tao crosses, and other religious articles are also present in the small shops.

You’ll also have time for independent visits of the **Upper and Lower Basilica of St. Francis**, including the famous **frescoes** by medieval masters, such as Giotto, Cimabue and Pietro Lorenzetti, as well as being able to visit the **tomb of St. Francis**.

3:30 p.m.  Private coach departs for campus in Rome.

7:00 p.m.  **Arrive back in Rome in time for Sunday dinner on campus!**

**Cost: €360.00**

**What’s Included:** Private bus transportation throughout the entire weekend – 2 Nights Stay at Agriturismo with breakfast daily – 1 Excursion for Truffle Hunting with lunch – 1 Cooking Class with dinner (approx 4 hours) – Entrance ticket to Euro Chocolate Fest – an additional lunch at Agriturismo – an additional dinner in Perugia - 2 Metro Passes – gratuities.

**What’s Not Included:** Any meals not listed as “included”. Personal expenses.