This presentation is a systematic review that assesses how health care professionals manage information and ethical challenges within the clinical context. The study’s methodology follows the Preferred Reporting Items for Systematic Reviews and meta-Analysis. We carried out a literature search in PubMed. Additional searches were also carried out in Google Scholar and Embase, using two search strings. All searches generated 665 hits. After screenings for language, title and abstract and full texts, 47 articles were selected for review. 7 other articles were identified through snowballing, bringing the total number of articles for review to 54. We used Q-sort technique for the analysis of identified articles. This study revealed that health care professionals generally employ four broad strategies/approaches for managing four broad types of challenges. The broad types of challenges include: confidentiality-related challenges, communication related challenges, professional duty related challenges and decision-making related challenges. The strategies include: resolution, consultation, stalling, and disclosure/concealment. The result of this study provides insight into how health care professionals manage information and ethical challenges. These insights complement efforts to enhance the information management skills of health care professionals within the clinical context. This review suggests that the gap between theory and practice has not been successfully bridged by current medical ethics’ frameworks. Ongoing reflection, directed towards the development of guidelines/frameworks for bridging this gap is urgently required to enhance health care professionals’ confidence in clinical settings.