Individuality and Psychotherapy

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Ludwig Wittgenstein
1889 - 1951

“The limits of my language are the limits of my world”
The speaker has nothing to declare and no conflicts of interest. (All royalties from the *Psychodynamic Diagnostic Manual (PDM-2)* go to a fund to support clinical research.)
Psychotherapy outcomes vary according to:

1. Personality factors
2. Relationship factors


http://dx.doi.org/10.1037/pst0000228
1. Temperament

2. Attachment Style

Cassidy, J., & Shaver, P. R. (2016)
3. Observed Clinical Patterns

Psychodynamic Diagnostic Manual
second edition
PDM-2
edited by
Vittorio Lingiardi
Nancy McWilliams
4. Defensive Organization


5. Implicit Cognitions


6. Affective Patterns


7. Drive (motivational systems)


Jaak Panksepp
1944-2017
8. Individualistic versus Communal Orientation


9. Internalized Object Relations (Inner Working Models/Schemas)


- Stern, D. N. (1985). *The interpersonal world of the infant: A view from psychoanalysis and developmental psychology*. New York: Basic Books. “representations of internalizations that have been generalized (RIGs)”

More internalized object relational concepts


10. Organizing Developmental Issue (“Severity Dimension”)

Empirical support for a severity dimension